

## LECTURE #18

### WOMEN COUNSELING WOMEN

#### I. THE KEY TO A GODLY, FULFILLING, AND HAPPY LIFE IS THE KNOWLEDGE OF THE TRUTH.

- A. Instruction in God's Word leads to \_\_\_\_\_ (2 Tim. 2:25) and knowledge of the \_\_\_\_\_ (Titus 1:1).
- B. "Then you will know the truth and the \_\_\_\_\_ will set you \_\_\_\_\_." John 8:32
- C. "I am the \_\_\_\_\_, the \_\_\_\_\_, and the \_\_\_\_\_, no one comes to the Father except through me." John 14:6
- D. "Sanctify them by your \_\_\_\_\_, your Word is \_\_\_\_\_." John 17:17
- E. "Word" is synonymous with Jesus. John 1:1 – Know the "person" of Jesus through knowing the "Word" of God.
- F. "We know also that the Son of God has come and has given us understanding so that we know Him who is \_\_\_\_\_." 1 John. 5:20

#### II. WORLDY WISDOM VERSUS GODLY WISDOM.

- A. "But the wisdom that comes from heaven is first of all pure, then peace-loving, considerate, submissive, full of mercy and good fruit, impartial, and sincere. James 3:17
- B. "His divine power has given us everything we need for life and godliness through our knowledge of Him who called us by His own glory and goodness." 2 Pet. 1:3
- C. Worldly wisdom does not lead to godliness but to prideful boasting in what one has and does, to envy and selfish ambition, disorder and every evil practice. James 3:13-18

### III. GETTING EQUIPPED TO COUNSEL WOMEN.

- A. There's hope for answers to all of life's problems.
  
- B. "All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness so that the man of God may be thoroughly equipped for every good work." 2 Tim. 3:16-17
  - 1. Pursuing NANC \_\_\_\_\_
  - 2. Attend seminars on Biblical Counseling
  - 3. \_\_\_\_\_ recommended books
  - 4. Study and \_\_\_\_\_ Scriptures
  - 5. \_\_\_\_\_ Biblical Counseling

### IV. SEE THE "BIG PICTURE" – GOD CENTERED VIEWPOINT.

- A. We are being built together to become a dwelling in which God lives by His spirit. Eph. 2:22
  
- B. Problems of life take on \_\_\_\_\_ perspective.
  
- C. \_\_\_\_\_ grows.
  
- D. Encourage others to experience the peace that passes understanding and the "abundant life" that Jesus spoke about in John 10:10.
  - 1. Abundant Life – what is it?
    - a. Is it psychological \_\_\_\_\_?
    - b. Material prosperity?
    - c. A good \_\_\_\_\_?
    - d. Freedom from \_\_\_\_\_?

2. Abundant Life is found in the pursuit of God-honoring \_\_\_\_\_ . Matt. 5-7
- a. \_\_\_\_\_ of spirit
  - b. Mourning over \_\_\_\_\_
  - c. Hungering and thirsting for righteousness
  - d. Freedom from \_\_\_\_\_ of sin
  - e. Filled with the Holy Spirit
  - f. Focused on \_\_\_\_\_ God
3. Instead of man-centered philosophies (“love yourself more”, “assert yourself”), 1 Cor. 1, 2.
- a. Get to know God and why He \_\_\_\_\_ us.
    1. He created us with eternity in mind. Eph. 1; 2 Cor. 5:5
    2. He knows every detail of our lives, every thought and hidden motive. Ps. 139; Jer. 17:10; Heb. 4:12
    3. He created man in His image to reflect His glory. Gen. 1:27
    4. He \_\_\_\_\_ Himself to us. Ps. 119
    5. We were created to \_\_\_\_\_ Him. Matt. 22:37, Ex. 20:1-6
  - b. Get to know God’s purpose for creating \_\_\_\_\_.
    1. To be a \_\_\_\_\_ for her husband. Gen. 2:18
    2. To rid him of his \_\_\_\_\_.
    3. What every Christian woman should seek to become (what every man would desire to have) – explained in Prov. 31 – God’s definition of an excellent woman.
      - a. Describes her \_\_\_\_\_ as a wife and mother
      - b. \_\_\_\_\_ as a neighbor
      - c. \_\_\_\_\_ as a teacher
      - d. \_\_\_\_\_ as a mother

- e. \_\_\_\_\_ as a person
- f. A \_\_\_\_\_ from God, a priceless treasure
4. God's design for a \_\_\_\_\_ – to humbly submit to her own husband as unto the Lord. (Marital conflict most often results from disobedience to commands of God in regard to roles of husbands and wives.)
5. God's design for a \_\_\_\_\_ .  
Titus 2:4
- a. Love your \_\_\_\_\_ – a command from God.
1. He does not command us to have a \_\_\_\_\_, but to \_\_\_\_\_. Love is an action – sacrificial giving of oneself for the good of another. Rom. 5:8
  2. Submission is easier if you love your husband (biblically).
- b. Love your \_\_\_\_\_. 1 Tim. 2:15
1. By raising godly children it reverses the stigma of the curse for having led the race into sin, as Eve did.
  2. A woman's \_\_\_\_\_ has a profound effect on her children.
  3. Fulfillment in rearing godly children – this is by God's design.
- c. Learn to \_\_\_\_\_ right, use common sense
- d. Be \_\_\_\_\_, chaste, virtuous
- e. Be \_\_\_\_\_ to husband in every way
- f. Dress \_\_\_\_\_. 1 Tim. 2:9-10;  
1 Pet. 3:1-6
- g. Learn \_\_\_\_\_ - \_\_\_\_\_
- h. Concentrate on \_\_\_\_\_ they are, not on \_\_\_\_\_ they look
- i. Be \_\_\_\_\_ at home – her domain = her divine assignment

\*\* When people \_\_\_\_\_ God's blueprint He provides the

resources and the means to enable them to obey Him.

6. God's design for an \_\_\_\_\_  
(past the age of child-rearing)
  - a. No such thing as \_\_\_\_\_
  - b. She now has time for \_\_\_\_\_ in the church: help younger woman learn to follow the pattern of Prov. 31 and Titus 2.

## V. TITUS - \_\_\_\_\_ LETTER

- A. Repeats over and over – learn to do what is \_\_\_\_\_ - why?
  1. To make the teaching about God our Savior \_\_\_\_\_
  2. So the Scriptures will be \_\_\_\_\_
  3. So the Gospel will be \_\_\_\_\_
- B. Priorities for women summed up
  1. Priority #1 – Love God with all your heart, soul, and strength and \_\_\_\_\_ Him in everything.
  2. Priority #2 – Then love your husband and \_\_\_\_\_ put yourself under His protection and leadership, submit as unto the Lord.
  3. Priority #3 – Teach your children to live \_\_\_\_\_ lives
  4. Priority #4 – Make your home a welcome haven for your family
  5. Priority #5 – Show \_\_\_\_\_
  6. Priority #6 – Enjoy \_\_\_\_\_ in the church without compromising other priorities
  7. Priority #7 – Use your \_\_\_\_\_ for the honor and glory of God
- C. Problems result when we don't submit to God's \_\_\_\_\_ for our lives.
  1. Our own sinful rebellion
  2. Being sinned against and our wrong responses
  3. A sinful world that affects us personally
- D. No matter what the problem, or who's fault it is, God has an

\_\_\_\_\_.

1. There is great \_\_\_\_\_ for people because of this
2. We are not \_\_\_\_\_ of our circumstances
3. God \_\_\_\_\_ over sin
4. Jesus came to \_\_\_\_\_ the devil's work. 1 John 3:8

#### E. Goal of Biblical Counseling

1. God is \_\_\_\_\_ - in control of all circumstances
2. To \_\_\_\_\_ us to the likeness of Jesus Christ. Rom. 8:28-29
3. Learn that the trials of life are God's classroom for \_\_\_\_\_.  
James 1:1-8; Heb. 12:1-14; 1 Pet.
4. Learn to \_\_\_\_\_ God in the midst of trials.

#### F. Same gender counseling

1. Theme of Titus – do good, not anything to \_\_\_\_\_ the Word of God.
2. Long-term counseling should be with same gender, to encourage godliness and protect reputations.
3. Paul instructs Titus to find \_\_\_\_\_ women to instruct in sound doctrine.
4. Women leaders are to help the younger women to live godly lives.

#### RESOURCES

*"The Fulfilled Family"* – John MacArthur

*"Women Helping Women"* – Elyse Fitzpatrick and Carol Cornish

*"The Excellent Wife"* – Martha Peace